What Students Should Know: COVID-19 and Returning to Campus - Spring 2021

As we return to campus in spring 2021, SUNY Ulster’s first priority is the health and safety of our campus community, including its students, faculty, and staff. The best way to maintain the safest environment possible throughout 2021 and beyond is for each of us to take steps to minimize the risks, not only for ourselves, but for all members of the SUNY community. This includes:

- wearing face coverings (masks)
- hand washing
- social distancing
- participating in testing and tracing
- completing daily screenings
- being mindful of our surroundings and the impact we have

Any of us alone can spread this disease and cause harm to others. But all of us together can build a community that is safe and healthy, where educational success is possible.

Here’s what you need to know and do as SUNY and SUNY Ulster welcome students back to campus in 2021:

**Stay Informed**
Students are informed of information via a weekly online newsletter sent to each student’s email address. Information is posted on the College portal in both a general area and an area devoted to student access. Information is shared via the College’s social media outlets.

**Return to Campus Safely – Testing and Isolation Requirements**
Students will be notified of testing, quarantine and isolation requirements via email prior to the start of the semester.

SUNY Ulster is continuing its partnership with SUNY Upstate Medical for weekly pooled COVID-19 surveillance testing of 100% of on-site Management Confidential staff, Faculty, OPAP and CSEA Employees and students for the Spring 2021 semester. Access [SUNY Ulster’s approved Fall 2020 and Spring 2021 Testing Plan](#).
**COVID-19 Testing:** COVID-19 testing will be conducted in the HAS lobby on the Stone Ridge campus from 9:30-3:30pm Monday-Friday. Testing at the Kingston Center will be conducted in the lobby of the Kingston Center on Mondays from 5:30-6:30pm and on Tuesdays and Thursdays from 9:00am-3:30pm. All onsite faculty and staff are required to be tested biweekly, but are encouraged to participate in weekly COVID-19 testing.

**Student COVID-19 Testing:** All on-campus students will be tested weekly. Student testing calendars have been updated to reflect this testing requirement.

**Stone Ridge Testing Instructions:**

**Pre-register for testing**

The Testing Center will be located in the lobby of HAS. The Testing Center is open 9:00am-3:30pm Monday -Friday.

Self-administered testing (without nursing staff assistance) is open from 3:30 pm-6:00 pm. You must bring your own portable device and be able to log yourself into your Upstate Medical Portal account and self administer your test.

**Kingston Center Testing Instructions:**

**Pre-register for testing**

Testing will be conducted in the lobby of Kingston Center. Testing Center on Mondays from 5:30 - 6:30 p.m. and Tuesdays and Thursdays from 9:00-3:30pm

Self-administered testing (without staff assistance) is open from 3:30 pm-7:30 pm. You must bring your own portable device and be able to log yourself into your Upstate Medical Portal account and self administer your test.

We've adjusted the COVID-19 testing schedule to provide additional flexibility for evening students. As you know, the COVID-19 test is a self administered test, making it easy for individuals to manage.
With this in mind, all evening public safety officers will be trained to instruct individuals on how to self-administer the test.

This will allow evening students to complete their test prior to the start of their class, avoiding unnecessary trips to campus. It is important to note that those who require assistance in logging into their Upstate Medical portal account, should report to testing during normal testing center hours so that staff can assist them in accessing their accounts.

Students will be required to submit attestations confirming their quarantine status to the Assistant Dean for Students, Mathew Brennie at brenniem@sunyulster.edu.

Get Screened Daily
Everyone coming to campus, including students, must complete a daily health screening. SUNY Ulster has centralized entry to campus and all on-site individuals are required to complete a Health Service screening, temperature check and respond to travel questions.

Get Tested Regularly
All on-site individuals will be tested regularly. During the first week of classes, 100% of the on-site student population will be tested. After week one, SUNY Ulster will continue to test 50% of the on-site student population weekly. Students who do not participate in testing will be barred from campus.

Check the COVID-19 Dashboard
SUNY maintains a comprehensive dashboard of COVID-19 testing and infection rate status across the system and at each campus.

Be Responsible – It’s Easy to Do Your Part
Each of us can take small steps to protect ourselves and the campus community. Because COVID-19 is highly contagious, these simple measures apply both on and off-campus:

- Wear face coverings (masks) at all times on campus, including in classrooms, conference rooms and other public spaces, even when you are able to maintain six feet of social distancing.
  - Exceptions to this requirement include when students are, (1) eating meals on-campus while seated and socially distanced. Faculty and staff are likewise exempt when alone in their office space. If anyone enters such office space, face masks must be worn at all times.
- Regularly wash your hands with soap and water for at least 20 seconds and use hand sanitizer where soap and water are not available.
- Stay home when you are sick or have potentially been exposed to COVID-19.
- Practice social distancing at all times to reduce transmission.

If Exposed, Complete Mandatory Quarantine and Isolation
Students who test positive for COVID-19, have been exposed to individuals who tested positive for COVID-19, or are informed by a state or local health department, or medical or campus official that they are “at risk” for having COVID-19 may be required to quarantine or isolate. This may include taking classes remotely, and not going to dining halls and other campus facilities. The campus has specific information about restrictions that may be found in the SUNY Ulster Reentry Plan Spring 2021.

Students, staff and faculty who report to campus while experiencing symptoms related to COVID-19, or become ill on campus, will be placed in a quarantine room for medical attention. If such individuals are too ill to transport themselves home, or to their primary care, ambulatory service will be contacted to transport such individuals to medical care. They may also receive psychosocial, academic and/or other supports, as needed.

Follow the Rules or Face Disciplinary Action
When the campus learns of a violation of the rules associated with COVID-19 safety, students may lose access to campus facilities. Other disciplinary actions may be taken by the Student Conduct and/or Human Resources Offices. Student conduct is governed by the campus Code of Conduct Handbook

Policy 1

Policy 2

Policy 3 (SUNY Uniform Sanctioning Policy found under "Judicial Process" & "Sanctions")

Minimum sanctions are outlined in the Uniform Sanctioning in Response to COVID-19 Student Violations. Consistent with SUNY policy, students who are partially or completely removed from the institution due to a violation are not eligible for refunds.
Take Care of Yourself – Physically and Mentally
We understand that this is an exceptionally challenging time. SUNY has resources to help you get the support you need.

In case of an immediate crisis or crime in progress, call SUNY Ulster Public Safety at 5221 on campus, or 845-687-5221 from non-campus phones. Public Safety staff are available on campus 24 hours a day, 7 days a week. Or call 911. To confidentially report a non-urgent situation 24/7:

- Dial 6060 from on campus or 845-688-6060 from non-campus phones
- Or use the College Portal link to report anonymously.

Mental/Behavioral Health Counseling
Virtual Telehealth appointments are available via the appointment calendar.

LINDA FARINA, MPS, CASAC-G, Mental health counseling and referral
M-F, 8:30am-4:30pm
845-687-5192, Farinal@sunyulster.edu

In cases of mental health crisis, call 5221 and Linda Farina will be notified.

KEITH BAKER, LCSW, CASAC: Mental health counseling and referral
845-687-5245, Bakerke@sunyulster.edu

Ulster County Mobile Mental Health: Mental health issues causing personal crisis
7 days a week, 10am-10pm
844-277-4820

Title IX, Sexual Violence, Domestic Violence, Crime Victims Assistance
KEN JURAS: College Title IX Coordinator
845-687-5108, jurask@sunyulster.edu

AMY WESTBURG, Crime Victims Assistance Program Counselor
M and Th, 9am-12pm, or by appointment
845-332-5221
Additional mental health resources are available at:
ReachOut SUNY
Thriving Campus
Middle Earth from the University at Albany
New York State Office of Mental Health Crisis Text Line: Text GOT5 to 741741

Understand What’s Being Offered On-Campus and Online

In Fall 2020, SUNY Ulster expanded its definitions for delivery modalities in an attempt to provide students with as much information as possible about how Winternet and Spring 2021 courses would be offered. Here are the modalities available to students. This list is also available at SUNY Ulster’s website, the Portal and on student schedules:

A. Face-to-face with full required physical attendance – These courses will meet on campus and physical attendance for each class is required.

B. Face-to-face with optional physical attendance – These courses will meet on campus and physical attendance for each of these classes is optional and may be limited by social distancing guidelines given the class size and classroom space.

The second letter D, E, or F will indicate how remote lectures will be delivered when students are not attending on campus.

C. Face-to-face with occasional required physical attendance – These courses will normally meet remotely (the second letter of D, E, or F will indicate how) but attendance on campus may be periodically required for labs, exams, or other reasons.

D. Remote delivery with live synchronous lectures – These courses will meet remotely with lectures delivered at normal class times over Zoom. All lectures will be recorded.

E. Remote delivery with a combination of pre-recorded and live synchronous lectures

These courses will meet remotely, with some live lectures delivered at normal class times over Zoom. Attendance for the live lectures is expected.

F. Remote delivery with asynchronous recorded lectures – These courses will meet remotely with lectures recorded earlier and made available for students. Some class sessions may be delivered live at the normal class times but attendance is not required.

G. Fully online asynchronous courses – These courses will have all course material placed in Blackboard prior to the start of the semester. Attendance on any particular time or day is not required but most courses have weekly or other deadlines for assignments, papers, or exams.
SUNY Ulster Spring 2021 Exam Specifications:
1. Exams are remotely delivered and may be taken over a given time period specified by the instructor.
2. Exams are remotely delivered but must be taken on a regularly scheduled course date and time.
3. Exams must be taken on campus at a regularly-scheduled course date and time.

SUNY Ulster Spring 2021 Proctoring Specifications:
A. Exams are remotely proctored. Students must have a webcam. Exams may be timed.
B. Exams are not proctored but may be timed.

DEFINITIONS:
Synchronous - course meets at scheduled time
Asynchronous - class meetings or lectures recorded and placed in Blackboard; student views at leisure

Barring unforeseen circumstances, SUNY Ulster plans to offer 19 percent of courses in a face-to-face format.

Get Instructional and Technology Help
Students seeking general technology help should contact the OIT Help Desk.
Students seeking assistance with Blackboard, the College’s Learning Management System should contact the Open SUNY Help Desk.

While instructors are sometimes able to assist with technical difficulties, students encountering technology difficulties should contact one or both of the above sources, as appropriate to the issue.

Request Accommodations for Disabilities
Students who wish to disclose covered disabilities and receive reasonable accommodations for their disabilities should contact Sonia Levine, director of Disability Services at levin@sunyulster.edu or disability_services@sunyulster.edu. Additional information is available at on SUNY Ulster’s website.

Follow Housing and Dining Updates
Food Service will be offered on campus as a grab-and-go option for students, staff and faculty. Such service will be reduced to only pre-packaged items.
If We Have to PAUSE, Follow These Rules
If the campus must switch to a two-week (or longer) pause, the following rules apply.

- Instruction will move remote learning modalities;
- Certain lab and/or clinical components may continue;
- Student access to campus will be restricted to only those who are required to report for potential lab and/or clinical coursework.

If We Have to Pivot to Remote Instruction, Follow This Plan

If circumstances require that on-site instruction be suspended, your courses will move to remote delivery of course content. Course information such as syllabi, outlines, due dates and other content will be available in the Blackboard shell for your course. Your instructor will provide additional instructions on course format. Courses that are being offered in a remote delivery or online delivery format will be unaffected.

Changes and Updates: The ongoing COVID-19 pandemic creates a fluid situation that may require unexpected changes in our response. Updates to scientific knowledge, public health guidance, or laws and regulations may mean SUNY and SUNY Ulster have to make changes to our standards and rules, including those indicated above. SUNY and SUNY Ulster will try to minimize these changes and their impact. We will keep you informed of new developments.

Thank you in advance for everything you are doing and will do to make 2021 safe for you, your fellow students, and the campus community and beyond.